

Car safety



For your child's safety, it is important to have a suitable car seat. The seat must be fitted in strict accordance with the manufacturer's instructions.

Since 1 April 2010, car seats have been mandatory for children up to the age of 12 or less than 150 cm tall.

Legal requirements



Group 0+ (less than 13 kg)

Baby must travel in a rear-facing car seat equipped with a three-point harness. The car seat is attached to the seat either with the seatbelt or with an ISOFIX anti-rotation system, which allows the car seat to be quickly installed for each trip.



Group 1 (from 9 to 18 kg)

The child is secured in their car seat by a five-point harness, and the car seat is on the back seat, either forward-facing or rear-facing depending on the type of seat.



Group 2 and 3 (15 to 36 kg or more)

In these categories, there are booster seats with a backrest and head support. The child is strapped in with the car's seatbelt, which holds both the car seat and the child in place.

Tips

- Whenever possible, it is best to have the child's car seat in the back. If you install it in the front, you must deactivate the airbag.
- Choose an officially recognised seat (see the orange label on the TCS website) that is well adapted to your child's size and as comfortable as possible.
- Only change to the next car seat size when the child's head extends beyond the seat headrest.
- Check that the seat is correctly installed and the buckles fastened each time you use it.
- Be careful how you buckle your child in: if the straps are twisted, too loose, or too close to the neck, the car seat will not be effective!
- Unzip winter jackets or remove them so that the harness fits snugly against the body.



Good practices

- I always fasten my baby in their car seat, even for short trips. My baby never travels in the car on anyone's lap.
- On long journeys, I take a break every two hours. This means I can take my baby out of their car seat, feed them, change their nappy (diaper) and hydrate them, especially on a hot day.
- I protect my child from the sun either with a sunshade or with a cloth wedged in the car door window.
- It is dangerous for my child's health to smoke in the car.
- The rear shelf behind my child's car seat must be clear to avoid loose items being projected onto my child in the event of sudden braking or a collision.

Important

- The safest place in the car is the back seat, even for older children.
- Never leave your child alone in the car.
- Ensure that the seatbelt is correctly positioned and snug.
- Some internet addresses: <http://www.bpa.ch>- <http://www.tcs.ch>- www.pipades.ch

With the suitable car seat, and baby safely secured in it, I can drive safely !



Programme cantonal de promotion de la santé et de prévention primaire enfants (0-4 ans) - parents



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